

Christ Church Kid's lesson

Born again
John 3:1-16



Have you ever seen a pregnant lady before? How do you know she is pregnant? Her belly! And why does her belly get so big? Because a baby is growing inside and as the baby grows, her belly grows.

Do you think you could fit back in my mom's belly? Do you think you're too big?

These questions might sound a little silly, but someone actually asked Jesus these same questions.

His name was Nicodemus, and he was confused about being born again. Have you ever heard someone say that before? Born again Christian? Or maybe born believer?

Nicodemus hadn't and when Jesus told him he needed to be born again in order to get heaven he thought it was impossible. How could he possibly get back in his mom's belly?

But do you think that was what Jesus wanted him to do? No! Jesus meant a totally different type of born again.

Jesus told Nicodemus that there are two different types of being born. The first time we are born is when we come out of our mom's belly. This is called being "born of the flesh", and this is something we can see. Hold out your hand and look at it. That's your flesh! It's your arm and legs and nose and toes.

When we are born of the flesh, do we know how to walk? Talk? Tie our shoes? Nope, nope, and nope. We don't know any of that stuff. But no worries, our parents are there to take care of us. And slowly as we get older, they teach us how to do things; like read, or throw a baseball, or bake a cake.

Now this is the part Nicodemus didn't understand. Being born again. And this time it is called being "born of the spirit". Everyone hold out your spirit and look at it. Are you holding it out in front of you? Can you see it? Our spirit is the part of us we can't see, but I promise it's there.

Being born of the spirit can happen at any time no matter how old or young. And in order for this to happen, all you have to do is believe in Jesus and accept His gift of eternal life. And just like babies have parents that teach and take care of them after they are born, when you are born again you have another parent to be right there with you. Do you know who that is? It's our Heavenly Father, God!

We really can be born twice, and both times are very important. We wouldn't be here if we hadn't been born as babies, and we wouldn't get to heaven if we hadn't been born again.

And the neat part about being born again is all of the amazing new brothers and sisters you get. Anyone who is born again becomes a brother or sister in Christ to every other Christian, because we all share the same Heavenly Father. That makes us part of one HUGE happy family!

Prayer

Dear God,

Thank you for sending Jesus to save us

Thank you that we can have new life, and be born again

Help us remember that every day

Thank you for your love

In Jesus name, Amen!

*****please send me an email sfisher@christch.org if you are using these online teachings*****